

WEST WORD

Old Colorado City Historical Society

August 2000

THE COLORADO CITY FIRE DEPARTMENT

From the book,
"Fighting Fire in Colorado Springs", 1992,
by Dr. Lester L. Williams,
CSFD Physician

(used with the permission of Jeff Williams)

Discovery of gold in central Colorado triggered a rush to the Rockies in 1859, and Colorado City was settled in that year, and became a supply point for prospectors and miners headed for South Park or California Gulch (later Leadville).

Because it was founded twelve years earlier than Colorado Springs, it was often called Old Town. From 1859 to the early 1870's, it is assumed there were fires in Colorado City fought by volunteers with buckets of water but no record tells of this.

Stories in the newspapers tell of fires in Colorado City. On Christmas Eve of 1873, a fire destroyed the stable of Mr. Charles Auchinvole. The fire originated from a candle left burning on a table in a small tenement adjoining the stable. over twenty tons of hay and \$200 worth of grain were consumed along with the building for a total loss of \$2,000. In April 1875, fire broke out in a frame building from a defective flue. Before it could be checked, three buildings were destroyed for a loss of \$1,500. On June 20, 1877, fire was discovered in a log building adjoining the brick saloon of F.H. Endres. When discovered, the fires had gained such headway, that it was impossible to save either of the buildings. All efforts were directed at pre-

venting spread of the fire to other houses. On June 1, 1882, at midnight, a grist mill known as the Fountain Mill, south of Colorado City on Fountain Creek, burned to the ground. The loss was \$4,500.

The first equipment for fighting fire in Colorado City was a row of buckets hung on the front of a shanty at 26th Street and West Colorado Avenue. The newspaper for January 1, 1888, carried an account which stated that, "last spring the city council (of Colorado City) purchased

It was to be 30 x 60 feet. That building was located at the northwest corner of West 29th Street and Colorado Avenue. The building still stands and recently has been refurbished. It is not known whether the hose company was ever housed in that building, or in a shed behind it, or in the hose house at West 26th Street. The City Hall soon proved to be too small. In 1892, a new City Hall was constructed at the northeast corner of West 26th and Cucharas Sts.

Street. Of course, in those days, all the streets in Colorado City had different names except Colorado Avenue. The fire department was moved to this new building which had two bays facing 26th Street. Later, an addition was added to the south side of this building which provided two more bays for fire apparatus.

Colorado City could be called a hard luck city because most of its industries suffered disastrous fires.

One of the worst burned the glass works from which Glass Town, the area south of Fountain Creek, took its name. The glass works was located on what would now be the 2400 block of Wheeler Avenue on the south side of the street. It had been built in 1889, and used sand obtained near St. Peter's Dome to blow beautiful green glass bottles which were used for bottling Manitou Mineral Waters (Ginger Champagne), and for Busch Beer brewed in St. Louis. At 1:30 a.m. on September 9, 1892, a pocket of raw material in the furnace exploded, and threw molten glass all over the room. In an



Colorado City Hose Company # 1 - circa 1888

photograph courtesy of Jeff Williams

a hose cart and a quantity of hose. A fire department was immediately organized with membership of thirty. Mr. E. Minium was elected forman." That was the first news of an organization for fighting fire in Colorado City. The picture above shows a freshly painted shed labeled "Colorado City Hose Company No.1". Judging from the hills seen in the photo, the location was the center of what is now West 26th Street, on the north side of Colorado Avenue. The El Paso Ditch can be seen behind the station, and it looks old enough to be the late 1880's.

Late in 1888, foundations were laid for the new Colorado City City Hall.

(continued on page 4)

From the Board

The President's Report.....

Another busy month around OCCHS and the Center. My thanks to everyone who helped make the July 15th fund raising day a big success. Betty Baker and her team organized and ran the Treasure Sale. We received many donated "treasures" from members and others. These had to be sorted, identified, priced, and then put on display. What was not sold, was loaded into a truck and donated to Goodwill. We now have money in our pockets and a basement free of stored items. Jan Knox had another Craft Sale in Bancroft Park. The event attracted many vendors who had their handmade wares for sale. This fund raising activity generates money from renting booth space to the Crafters.

Bev Disch organized a bake sale and thanks to her efforts and all our members who baked goodies, this was a big success. Thanks to Jan, Betty, Bev, and our many member volunteers we made just under \$700.

I am pleased to announce that we now have an Exhibits Committee for the Museum. This committee is OCCHS members Liz Geiss, Tommie Bishop, and Dianne Hartshorn. These ladies will work on one project at a time and implement a new exhibit in the Museum. The first new exhibit is on the Knights of Pythias Lodge. This is an international lodge and at one time there was a large chapter in the CS area. Donations of lodge artifacts from Don Pence, former officer of the local chapter, make up this exhibit and it is complete and now being "showcased" in the Museum. Thank you Liz, Tommie and Dianne for agreeing to be the Exhibits Committee. We will keep our membership aware of upcoming new exhibits in future issues of the West Word.

Founder's Day weekend will be Saturday and Sunday, August 12-13. OCCHS has planned events for both days and the schedule is contained in the calendar on page 8. I hope you will participate in this historic and eventful annual event.

We are planning our third annual Cemetery Crawl in Fairview Cemetery. It will be on Saturday and Sunday, September 30 and October 1. The Society has received much notoriety on this event and this year it will be even better with the regular and new "residents" telling their stories. If you would like to participate in this event in any way (actor, volunteer, etc.) please call the Center and leave your name and information that you are interested in participating. Plan now to attend this event and bring your family and friends. More information will be available at the Center in the near future and also in the September issue of West Word.

On July 2, OCCHS was the site of a wedding and reception. This was our first venture in renting the facility for this type of an event. Bottom line, it was a huge success and many compliments were received from the wedding party, their guests, the minister, and the catering company. We are seriously looking at formalizing a program whereby we would advertise the rental of our facility for special events. We have already rented the Center for birthday parties and Company Holiday Parties.

Until next month. *

Gordon

The Treasurer's Report.....

The financial report for the Society as of June 30, 2000 reflects that we are still not generating the projected income from membership additions, book store sales, or events that is needed to offset our basic monthly costs. It is hoped that July through September will make up for the shortfalls.

At the end of June, our cash on hand in the General Account was \$8,934.03 and is broken out as follows:

Maintenance Fund	\$	722.75
General Fund		241.16
Guide Book Fund		7,971.03

The Maintenance Fund, which pays for utilities, insurance, security, telephone and copier averages \$500 each month and is not a concern.

It is the General Fund, which must pay for everything else that we must watch closely. Not reported in the above numbers are the proceeds from the July fund raising day, which are just under \$700. The exact amount will be presented in next month's financial report.

I encourage each one of our members again to help us increase our membership this year. As Gordon has stated in his challenge, if each member would bring at least ONE new member into the Society this year, it would go a long way to ease our financial position.

Dave Hughes

Announcing The Adopt-a-Book Program

OCCHS has a fine collection of historical books in our library at the Center about the rich history of Old Colorado City and the Pikes Peak Area.

Many of these books are rare and are in excellent condition. But, others have show the test of time and are in poor condition. With continued use by our members and researchers who come into the Center they will soon become unusable.

Many libraries experience the problem of damaged and well-worn books. They have programs which generate income to have the books rebound.

We are announcing the OCCHS Adopt-a-Book Program. Members and other supporters of the Society can donate money to have a damaged book rebound. A face plate will be placed in the book identifying your gift.

Please be thinking about "adopting" a book. More details and the costs will be in next month's West Word.

THE COLORADO CITY FIRE DEPARTMENT

(continued from the front page)

instant, the entire place was ablaze. There was a hose in the building supplied by the Bott Water Works but the men were unable to contain the fire. Consequently, the glass works was destroyed. Other industries burned out in Colorado City included the Plaster Mill, the Ute Pass Paint Works, the St. James Hotel, and the passenger station of the Colorado Midland Railroad.

On March 8, 1897, the Colorado City Council voted to have a paid fire department with four men. A hose and chemical combination wagon was purchased from the Fire Extinguisher Manufacturing Company of Chicago at a cost of \$1,800. The team of iron gray horses was named "Grant" and "Sherman".

An unusual fire occurred January 1, 1898. Two black men, H. R. Fleetwood and George Huston had been drinking heavily. They wound up in the Portland Saloon where they topped off with "Oldtown Spirits", and passed out on the craps table in the back room. Another drunk poured alcohol or essence of peppermint over their feet and legs, and ignited it! Fleetwood died several days later with delirium tremors.

When Colorado Springs had its famous Antlers Conflagration in 1898, Colorado City sent the hose wagon with Chief Ed Minium and his crew on mutual aid. When the Golden Cycle mill burned, August 7, 1907, Colorado Springs sent help to Colorado City in the form of Hose Wagons #3 and #1 and Engine #1, the Steamer.

Probably the most famous fire of old Colorado City occurred at 4:00 a.m. on Saturday morning, January 9, 1909, when the "red light" district burned. This consisted of a block of nine houses on the north side of Washington (now Cucharras) Street, between 26th and 27th Streets. The wind was blowing hard, and the fire spread through the whole block very quickly. Houses in the burned district were known as the Stone Front; The Three Deuces, owned by Anna Wilson; the Red Light; the El Paso; and the Tribby, owned by famous madam Laura Bell. At 5:09 a.m., mutual aid was requested from Colorado Springs. Hose #3 and Engine #1 responded. The Steamer performed well. At the height of the fire, Duncan LaMont, minister of the First Baptist Church, was praying and shouting and exhorting the flames to destroy the "dens of iniquity". Finally the fireman grew tired of his interference, and turned the hose on LaMont. Soaking wet, he nearly froze, until some of his parishioners insisted he seek shelter.

Colorado City went motorized when they purchased a Victor hose and chemical combination truck around 1912. It was hand cranked, quite high, painted white, had a wooden frame, and was right hand drive. Emi Beck was the driver. Although it had only a four cylinder engine, it was powerful and speedy. On one occasion, the Victor ran to Colorado Springs to the Temple Theater, southeast corner of Kiowa street and Nevada avenue, and then to Fire Station #1 in just eight minutes. The forgoing account of Colorado City leads up to the events of 1917, when that metropolis voted to annex to Colorado Springs. At midnight of Sunday, June 10, 1917, Colorado City was absorbed by its larger neighbor to the east. As a concession to the newly annexed city, the name of its main street, Colorado Avenue, was continued through Colorado Springs, replacing Huerfano Street. Most of the street names in

Colorado City were changed to conform to streets aligned with them in Colorado Springs. The north and south streets all got new numbered names.

At 12:01 a.m. on June 11, the Colorado Springs Fire Department absorbed the Colorado City Fire Station as its Fire Station #5 and kept the Victor in service. The two paid firemen of Colorado City were retained, and four new men were added. On their very first shift, Driver George Dunster cranked the Victor, it backfired, and broke his right arm!

An unincorporated area west of Colorado City, and centered around Pikes Peak Avenue and West 34th Street, was named Arondale. Being outside Colorado City, it decided to provide its own fire protection. The Arondale Voluntary Fire Department came into existence. Their hose house stood at the southwest corner of West Kiowa Street and Red Rocks Avenue. The book of minutes mention a host cart but where it came from is not known. Their first meeting was held July 12, 1911, with fifteen members present. W.E. Weeks was captain, and W. Page assistant captain. At most meetings, beyond calling the roll and collecting dues of ten cents from every member, very little business was transacted.

On March 25, 1919, the minutes show that their "hose cart and hose were returned to the city", and the fire bell was sold for \$3.50. Coats, caps and their one lantern were sold. Their building was sold to Mr. Shoemaker for \$50, and it was moved to 3352 West Kiowa St. They continued to meet, but infrequently. At the last meeting held March 31, 1921, it was voted to give money remaining in the treasury to charity, to the Arondale School, and the Salvation Army.



Colorado City Victor hose and chemical combination

photo courtesy of Jeff Williams

Editor's note:

Dr. Lester L. Williams, a physician in Colorado Springs for many years was a fire buff. He actively got involved with the fire department of Colorado Springs and was present at almost every fire in the city for many years. He was named the "official" Physician of the Fire Department, which was a job without pay. His avid interest in fire fighting allowed him to collect many fire memorabilia and after his death in 1994, this collection was turned over to the Fire Department. OCCHS and the Pioneer Museum are supporting the effort to create a Fire Museum in Colorado Springs in Dr. Williams' honor. OCCHS members Sallie Clark and Gordon Gray are on the Dr. Lester L. Williams Fire Museum Committee. In the process of accessioning the fire department museum artifacts, many interesting items relating to the history of the Fire Departments in Colorado Springs and Colorado City have been discovered. In future editions of West Word we will highlight some of these items and stories.

Leland Feitz has published another smash hit with his new revised edition of "A Quick History of Colorado Springs Historic Hotel, The Antlers."

If you were living in Colorado Springs during the 30's this book would certainly bring back golden memories of youth, beauty and the wonderful ambiance of the Antlers.

Many Saturday nights were danced away at the Copper Grove to the tunes of Johnny Meltzler and Bob Hildebrand. After a late movie we'd gather there at midnight for hot chocolate and a sweet roll. Or with your family on Sunday after church in the main dining room and Daddy left a tip.

I had missed many of the new owners and managers of the Antlers for we had lived in the east during the late 40's, 50's and early 60's but were back to witness the demise of that link to our youth and the "good old days" and mourned the loss of that wonderful historic building.

An interesting map on page 6 shows the boundaries of Colorado Springs in 1883 when the first Antlers was built. The north boundary was Columbia, the south Rio Grande, on the west the D. & R.G. RR, the east Roger. Wouldn't the General be amazed today?

Leland describes the first Antlers as a "Victorian mass of towers, turrets, balconies and porches" costing \$125,000!

His research also discloses why General Palmer chose the name "The Antlers."

The description of the 1898 fire, which destroyed the Antlers and threatened the entire city, is most graphic and one can visualize attempts by the staff to contain the fire.

Leland explains his more than 50 years association in the Antlers and his affection for "The Antlers" reflects in his interesting account of his varied activities.

The original menu is a gourmet's delight and the advertisement of price of rooms and facilities reminds one when a doctor's visit was \$5. You'll also delight at the expertise of the waiters during the early days of the hotel.

There are excellent photos depicting the phases of the hotel. One I particularly liked was taken during the early days and shows a fleet of Packard Clippers standing available for guests to view the beauty of the region.

It's always a pleasure to read Leland's books. Historically accurate, informative and presented tastefully.

Aren't we fortunate to have such an accomplished author as a member of our Society? Do you know this quiet, unassuming man also finds time to volunteer in the bookstore in the Center? If you are not acquainted with Leland's and other books, I'm sure one of the volunteers will be happy to help you.

Give yourself a treat and enjoy!

Submitted by: Agnes Johnson

A Tidbit of Information.....

Since January 1, 2000, the Old Colorado City History Center has logged visitors from 34 states and 7 foreign countries. They are:

Alabama	Missouri	Wisconsin
Arkansas	Montana	Wyoming
Arizona	Nebraska	
California	Nevada	
Colorado	New Jersey	Foreign Countries:
Florida	New Mexico	
Georgia	New York	Australia
Kansas	No. Carolina	Austria
Idaho	Ohio	England
Illinois	Oklahoma	Germany
Indiana	Oregon	Netherlands
Iowa	Pennsylvania	Scotland
Maine	Tennessee	So. Africa
Maryland	Texas	
Michigan	So. Carolina	
Minnesota	Virginia	

Compiled by: Leland Feitz

Richard Current, life member of OCCHS, was recently featured in an article in the Boston Globe. The article was entitled, *A Life of Teaching, Writing - and a Wealth of Honors.*

Richard Current says being known as the dean of Lincoln scholars "only means I'm the oldest Lincoln scholar."

Mr. Current, 87, has devoted a significant amount of time to historical study and research on Abraham Lincoln. The awards bestowed upon him over the years - including the lifetime achievement award he accepted in April 2000 - show age has nothing to do with his status in the world of Lincoln scholarship.

Current is the Distinguished Professor of History Emeritus at the University of North Carolina at Greensboro and is the author of 20 books and the editor of a dozen others. Five of his works are studies of Lincoln and the Civil War but he has published books on such diverse topics as the invention of the typewriter and a biography of Loie Fuller, a once-famous dancer of the 1880s.

On April 8, 2000, the Lincoln and Soldiers Institute at Gettysburg College presented Current with the Lincoln lifetime achievement award. This prize is awarded annually to the best work published in the year on topics about the Civil War.

The first Lincoln prize was awarded to Ken Burns ten years ago for his PBS series "The Civil War." This will be only the third time the jury of historians has bestowed a lifetime achievement award on an individual.

The history professor did not concentrate on Lincoln during the first half of his career. "I was born on Lincoln Avenue (in Colorado City, Colorado) and had to recite the Gettysburg Address in school, but didn't think much about Abraham Lincoln again until I was 40 years old," Current said.

Current has a Lincoln award named for him. The Lincoln Group of New York last year presented the Richard Nelson Current Award of Achievements to former U.S. Senator Paul Simon of Illinois.

The Currents moved to Massachusetts after Richard Current retired in 1987 from the University of North Carolina so that Marcia Current, his wife, could take a job at the Deaconess Hospital as a director of maintenance and engineering. Today, she works full time with her husband on book projects.

While the Current's home is packed with Lincoln memorabilia and his awards, the bright, airy living room of the couple's split-level home is more a shrine to Loie Fuller, the subject of their biography. The walls are adorned with lithographs inspired by the dancer. "I did the writing, but the project was really Marcia's idea," Current said. "We were both drawn to her because of the artwork."

In addition to his fascination with Lincoln, Current collects chess sets from around the world and has a passion for college football. Current says his wife exaggerates his enthusiasm for the sport but admits that with little prompting he can remember the scores of obscure games.

Today, Current is working on translating and editing the articles and short stories of Knut Hamsun, a Norwegian novelist who won the Nobel Prize in 1920 and was convicted as a traitor for supporting the Nazis during World War II. Richard Current is fluent in Spanish and German and is able to read French. About ten years ago, he learned the Norwegian language.

Editor's note: This article was summarized from the Boston Globe article, dated March 12, 2000 and was given to West Word by Maloa Read, Richard Current's sister. Richard and Maloa Current, along with other members of their family, were honored last year when OCCHS named the Current Family as "A First Family of Colorado City."

Congratulations to Richard Current on this most distinguished award and we are proud to have him as a member of the Old Colorado City Historical Society. He is a frequent contributor to articles in this publication.

West Side Memories

TURNING BACK THE CLOCK ON LOCAL EVENTS

One Hundred and Twenty-five Years Ago—1875

Sheep shearing is almost done with, and the growers are on the look-out for good sales and Eastern buyers are in town ready to give fair prices. The past Winter was very severe compared to former ones, and the wool crop in consequence is lighter than at any time in the history of the Territory. Sheep, have increased in number, however, and so our shipments have not fallen off, but are larger than ever. Competent judges say that sheep have increased 50 per cent over last year. In this county, there are about 150,000 sheep, which will yield 450,000 pounds of wool, which, at the present rate—30 cents per pound—will bring into our circle of trade, the neat little sum of \$135,000. This number of greenbacks floating about certainly ought to enliven trade and make many smiling faces. Cattle are on the increase in the north of the Territory, and everyone familiar with flocks and herds knows that as cattle advance sheep recede. This accounts for the greater number of sheep in the southern part of the Territory. Casual observers, or persons ignorant of the disagreement between sheep and cattle, sometimes make curious statements in regard to the prosperity of a region, and create false impressions in the East, which a little common sense and talk with a wool-grower or cattle-dealer would prevent.

7/3 C.S. Gazette

The Board of County Commissioners have been for several days past, sitting as a Board of Equalization, and have heard and settled a number of complaints in regard to erroneous assessments.

7/10 C.S. Gazette (some things never change!--Jan)

Robert Love, postmaster at Colorado City, has gone to Saguache.

7/10 C.S. Gazette

Mr. Soule says that the grasshoppers read the item in last Saturday's Gazette about the Experimental Garden. On Sunday, one hundred and fifty grasshoppers were counted on a square foot.

8/21 G.S. Gazette

On Wednesday in Colorado City, Esquire Horton fined three men \$5 each for disorderly conduct.

7/10 C.S. Gazette

Seventy-five Years Ago—1925

A drive to remove the state civil service commission by abolishing the civil service amendment was started Saturday by Colorado Knights of the Ku Klux Klan, at their first annual picnic, which jammed Lakeside Park, Denver, to capacity. More than 100,000 visitors were estimated to have passed into the park during the day and night. At ten o'clock Saturday night, it was said that more than 50,000 signatures had been affixed to petitions—more than enough to bring the question before the Colorado electorate at the election in 1926.

7/2 C.S. Independent

Bott's park is a lively place these days. More playground equipment is being made ready for the children, a new water line is ready for use, dead trees are being removed and living ones trimmed, new fence posts are being put in place and over the sounds of various activities can be heard the voices of happy children engaged in play. The day for Bott's park has arrived.

7/3 C.S. Independent

The Midland Improvement society will hold a basket picnic in Bott's park July 4th to which every one has a

cordial invitation. There will be a good program beginning at 10:30 a.m. Rev. James Douglas, of the Southern Methodist church, will speak on "The Prevention of War" and his views seem to fit pretty well with those of one of the Gazette's splendid editorials on what to do for the church, "Try Christianity!" Dr. Douglas is a forceful speaker and well worth going a long way to listen to. If you object, that there is not much shade in Bott's park, remember our boys frequently are without shade while marching out to kill or be killed. If you have to sit on the ground in the park owing to lack of sufficient seats, think of the dreadful trenches where our dear boys were forced to stay, and be thankful that you can listen to a way to do away with war and its attendant horrors. Pack your lunch basket full to overflowing, come to the park early, get acquainted with your neighbors and feel that you are a part of the great movement for "World Peace." If it possibly can be arranged in time, Warden Tunan has promised that the orchestra from the Canon City penitentiary will be present with music for your entertainment. So Come to Bott's park for your Fourth.

7/3 C.S. Independent

After a two weeks stay with friend in Colorado Springs, Mr. E. G. Storrs has returned to her home in Cripple Creek. While here, Mrs. Storrs purchased several lots on West Kiowa street. John Bock was the agent who sold her the property.

7/16 C.S. Independent

Several road-building projects on highways tributary to Colorado Springs are nearing completion, according to federal and state road officers here. One of these is a four mile stretch of paving on the road between here and Pueblo. This is more than half done and will probably be finished by September 20. Another project receiving attention at the state highway office here is the defining of a highway from Kanorado in a southwesterly direction to Colorado Springs. The chief emphasis of the local office, however, is being placed on the Pikes Peak Ocean-to-Ocean highway. The Busk-Ivanhoe tunnel highway west of Leadville is expected to be finished and opened to motor traffic about August 1, and work there now is being rushed to completion by the stockholders of the old Midland railroad right-of-way owning company. The Busk-Ivanhoe road is expected to shorten the route to Glenwood Springs about forty miles.

7/16 C.S. Gazette

The row in the Colorado Ku Klux Klan has resulted in the forming of a new order, the Minute Men of America, which is already functioning, and will carry on the work of fighting Romanism in all its forms. The American flag, under which the Minute Men of colonial times fought, is the emblem of the newly-organized Minute Men. The new order discards the robe and mask and fiery cross. It is said that practically the entire membership of the local Klan order has surrendered their cards and taken out cards in the Minute Men of America.

7/23 C.S. Gazette

NOTE: If you are a long time West-sider and might have some old copies of the West Side paper, the Colorado Springs Independent, in your attic or basement, we would appreciate your "giving" or "loaning" them to the Historical Society, so that we can check if they are on microfilm with the Colorado State Historical Society. Penrose Library, where I do most of my "Memories" research has no copies on microfilm of the 1945 Independent for the months of May, June, July, August, and October, and only one issue for September, that of September 13, 1945. There are also other time periods missing. Jan

West Side Memories are compiled by: Jan Knox

HERBAL RENEWAL

(A regular column on our "Herbal Renewal Gardens")

Herb of the Month - Valerian - There are 60 varieties of medicinal or culinary plants in the Herbal Renewal Garden, and I will share with you a plant that blooms with feathery foliage and is outstanding in its appearance at this time of the season. The Valerian plant, a hard perennial, has grown to the very stately height of at least 5 feet at the rear of the garden. The name is derived from the Latin word *valere*, which means "to be in health". Valerian has been valued around the world and according to legend was the mysterious ingredient that the Pied Piper of Hamelin used to line the rats while playing his music as a decoy. The plant's carrot shaped roots, when dried, have a very undesirable scent giving this plant the common name of "phu". As a herbalist, I have always known when a formula has Valerian in it due to the "dirty sock" odor.

Nevertheless, Valerian is often used to add a musky odor to some perfumes. During the first and second world wars, it was used to treat shell shock and nervous stress. Native American warriors used it as an antiseptic for wounds. Clinical investigation of Valerian root has revealed sesquiterpenes, valeric acid, and valerone as the active constituents that exert a tranquilizing effect on the nervous system. It may also help with insomnia, nervous indigestion, migraines, restlessness, and tension. It is best used in combination with other synergistic herbs and is noted for its muscle relaxant, nervine and sedative properties. It should be used in small doses and not over long periods of time. An overdose can cause one to feel lethargic, headachy, nauseous, and depressed. Valerian is contraindicated during pregnancy and for those with low blood pressure and hypoglycemia.

So stop by and see the garden and read about the plants in our Herbal Renewal notebook that describes each plant and its uses. As always, anyone interested in the garden is invited to help with weeding, etc. or with entering information into the computer. We would love your assistance.

Great Blessings,
Judith Yarrow

Welcome NEW Members

Please welcome the following as a new member to OCCHS.

We are pleased you have joined our Society.

Susan Coulter
3404 West Colorado Avenue
Colorado Springs, CO 80904
(719) 578-1516

Classic Motel Owners Workshop

Small, non-franchised motels were the backbone of tourist lodging for many years. The personal attention, unique decorating, homelike atmosphere and colorful neon signs provided by these establishments are just the things many discriminating travelers look for even today.

The workshop will provide practical information that will help owners take advantage of the economic and marketing opportunities associated with classic motel ownership.

August 23rd - 1-4:15 p.m. \$10
Manitou Springs City Hall
For more information: (719) 685-4398

August 12 - Storytelling in the Park and Panning for GOLD!

At 2:00 p.m., Dave Hughes and others will be in the park telling stories of Old Colorado City and some of the famous people who lived there. "Free" panning for gold will be a treat for children who are accompanied by an adult.

August 13 - Square-dancing

Sunday afternoon entertainment will be provided by Merell Folsom and two squares of old-time square dancers. Merrill is a professional caller and you will not want to miss this fine presentation. Live fiddler & guitarist. From 2:00 until 3:30 p.m.

August 12-13 Founders Day Celebration

August 12-13 CRAFTS IN THE PARK

This will be another of the very successful craft events that are being held in Bancroft Park this summer. Jan Knox is in charge of these events.

A wide variety of homemade and other craft items will be available for sale. Come and do your shopping for birthday and Christmas gifts.

For additional information.....

Contact Jan (689-2355)

August 12 - FARMERS MARKET

Every Saturday during the Summer
7 a.m. until Noon
On 24th Street - in front of the Center

Plan **NOW** to be present and enjoy the many activities in Old Colorado City during the Annual Founders Day.